

Vocabulary Progression from EYFS-YR6 Changing Me



EYFS

Eye, Foot, Eyebrow, Forehead, Ear, Mouth, Arm, Leg, Chest, Knee, Nose, Tongue, Finger, Toe, Stomach, Hand, Baby, Grown-up, Adult, Change, Worry, Excited and Memories.

Year 1

Changes, Life cycles, Baby, Adult, Adulthood, Grown-up, Mature, Male, Female, Vagina, Penis, Nipples, Bottom, Belly Button, Learn, New, Grow, Feelings, Anxious, Worried, Excited, Coping.

Year 2

Change, Grow, Control, Life cycle, Baby, Adult, Fully-Grown, Growing Up, Old, Young, Change, Respect, Appearance, Physical, Baby, Toddler, Child, Teenager, Independent, Timeline, Freedom, Responsibilities, Male, Female, Vagina, Penis, Testicles, Public, Private, Touch, Texture, Cuddle, Hug, Squeeze, Like, Dislike, Acceptable, Unacceptable, Comfortable, Uncomfortable, Looking forward, Excited, Nervous, Anxious, Happy.

Year 3

Changes, Birth, Animals, Babies, Mother, Growing Up, Baby, Grow, Womb, Nutrients, Survive, Love, Affection, Care, Puberty, Control, Male, Female, Testicles, Penis, Womb, Vagina, Breasts, Stereotypes, Task, Roles, Challenge, Looking forward, Excited, Nervous, Anxious, Happy.

Year 4

Personal, Unique, Characteristics, Parents, Penis, Testicles, Vagina, Womb, Breasts, Puberty, Menstruation, Periods, Circle, Seasons, Change, Control, Emotions, Acceptance, Looking forward, Excited, Nervous, Anxious, Happy.

Year 5

Body-image, Self-image, Characteristics, Looks, Personality, Perception, Self-esteem, Affirmation, Comparison, Womb, Puberty, Breasts, Vagina, Breasts, Hips, Penis, Testicles, Adam's Apple, Hair, Broader, Wider, Facial hair, Pubic hair, Hormones, Menstruation, Sanitary products, Tampon, Pad, Towel, Liner, Hygiene, Age appropriateness, Legal, Laws, Responsible, Teenager, Responsibilities, Rights.

Year 6

Body-image, Self-image, Characteristics, Looks, Personality, Perception, Self-esteem, Affirmation, Comparison, negative body-talk, mental health, Womb, Puberty, Breasts, Vagina, Hips, Penis, Testicles, Adam's Apple, Hair, Broader, Wider, Wet dream, Growth spurt, Facial hair, Pubic hair, Hormones, Menstruation, Sanitary products, Tampon, Pad, Towel, Liner, Hygiene, Age appropriateness, Legal, Laws, Responsible, Teenager, Responsibilities, Rights, opportunities, freedoms, responsibilities, attraction, relationship, love, sexting, transition, secondary, looking forward, journey, worries, anxiety, excitement.